

The Career Kitbag



Careers are like a journey. Destinations can be identified, route plans can be made and directions can be changed.

Look ahead to the next stage of your current career journey. This could be:

- The next milestone in your current pathway
- A repositioning of your present goal
- A change in the emphasis of what you are doing
- A plan to change direction altogether
- An aspiration or possibility that has occurred to you but which is not yet “real”

If you were preparing a kitbag for this next stage, what would you want to take with you and what would you be prepared to leave behind? This could include skills, knowledge, areas of practice, people, particular job components and tasks, behaviours, feelings, working relationships, learning experiences, personal insights, plans and aspirations ...

Take it	Leave it

Reflection points:

Look at the balance between columns. How does this reflect your engagement with your current role? Any surprises? Anything you could not leave behind you, at any cost? Could the “take it” column overload your kitbag and make change/progress slower or even impossible?